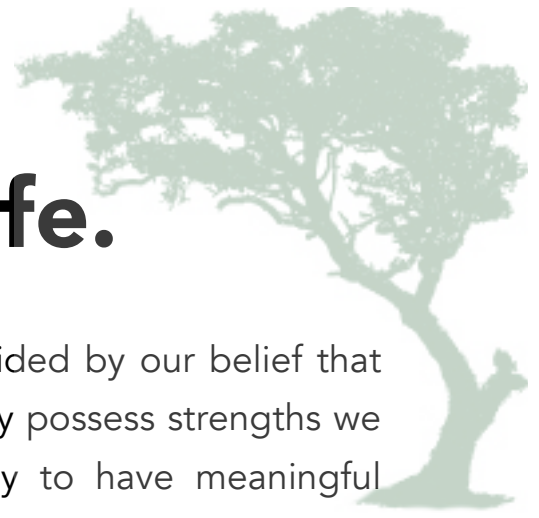




Friends for Life.

The Woodland Ridge Approach to Memory Care.

Friends for Life.



Our approach to Memory Care at Woodland is guided by our belief that no matter where the individual is in the disease they possess strengths we can call upon to guide them throughout the day to have meaningful engagement. Our goal is to inspire and nurture those we assist in care as we would our Best Friends. The training of our Care Associates focuses on teaching them how to determine the best prompts and cues that will draw upon your loved ones strength to allow them to be successful in all they do.



Life Story.

We do this by learning their Life Story and determining the best way to approach each individual. Just as your Best Friend knows your rich Life History, our caregivers armed with information from family interviews have a window into the lives of those they serve.

Their understanding of a resident's personality, motivations, stressors, and hobbies allows them to celebrate and honor their unique selves, and include their favorite past times and rituals into a daily functional schedule. This is important information also to utilize when managing periods of behavioral change.



Environment

Environment is important to creating the familiarity of home. Our memory care neighborhood is designed so that all the rooms lead to an activity destination and have both an indoor and outdoor flow much like your own home would. Our garden courtyard is secure with large indoor viewing windows for nature watching.

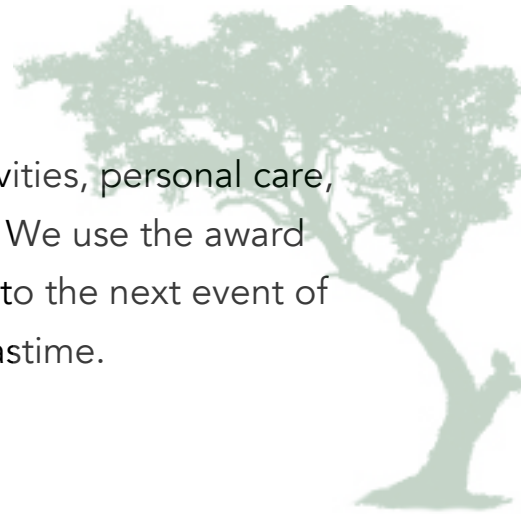
Everything is An Activity.

We embrace an “Everything is an Activity” philosophy so that in all that is done during the day, we strive to allow for success. In this manner our care staff become an assist to care rather than taking away some of the personal fulfillment by performing the task for them. Many of those who live with us actually regain skills lost because of our attention to correct prompting and cueing.

A Functional Schedule.

Prompted by Memories with Simple C. Our commitment to successful interactions and outcomes drives all of our programming and we use it to create our 24-hour Functional Schedule. This schedule takes into account the person we serve rather than the task that needs to be completed. It

incorporates waking, dining, favorite past times, activities, personal care, and rest. It also ebbs and flows throughout the day. We use the award winning Simple C technology to cue your loved one to the next event of the day, or simply to relax and enjoy their favorite pastime.



The Power of Music.

[CLICK HERE to see how our favorite songs gave voice to those who'd fallen silent.](#)

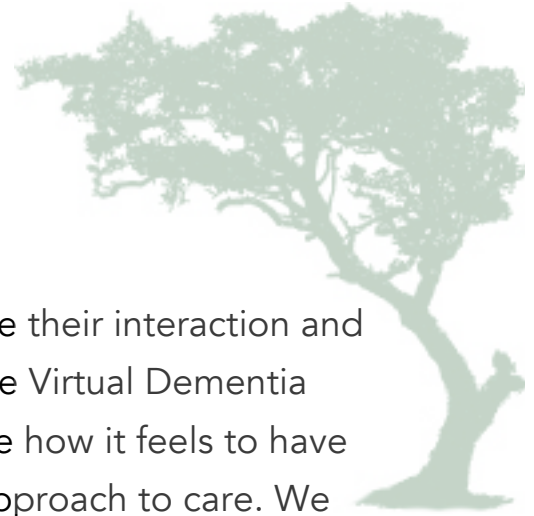
Using the above philosophy we are aware that each person processes feeling and emotions through their senses. Our iPod music project was used recently to evoke both language and mood for many who had not spoken in a while and who truly loved music. Another example is the use of dancing with Karaoke to evoke motion and exercise without thinking about it. This is always a large crowd pleaser and great for balance.

Our Staff and Coaching for Success

Our dedicated Program Manager oversees all that is done in conjunction with our nurse in keeping the Resident Profiles and Approaches to care updated. They are assisted by well-trained Team Leaders who focus on keeping up to date on resident abilities, changes in condition or behavior, needs and appetites. This approach to care allows them to stand by their Best Friend as a coach and someone to assist them in personal care, to provide comfort and encouragement.

Families

Since Families are a key to our success we encourage their interaction and provide training using the Virtual Dementia Tour. The Virtual Dementia Tour allows them - as well as our staff - to experience how it feels to have dementia. It is a gateway to improving our mutual approach to care. We believe that at Woodland Ridge, there is not greater calling than to serve those with dementia and their families.



A Formula for Success.

Our program has lots of reasons for its success:

- Dedicated Program Manager in concert with Health Nurse
- Higher staff to resident ratios
- Individualized Resident Plans that are updated regularly
- Life Stories for all Residents
- Individual, cluster and large group activities based on interest and abilities
- Secure and easy to navigate environment
- Access to gardens
- Regular community outings
- Regular pet visits
- Dignified dining program
- Healthy Snacks
- Extensive Staff Training
- Therapy and restorative exercises
- On site geriatrician and psychological consultations
- Beauty/barber shop
- On site Podiatrist and Dentist
- Simple C technology for 24 hr. interaction and engagement
- IN2L technology for memory games, videos, fitness, and activities
- Affiliations with GSU and Chattahoochee Tech for research and training

